



TIMETABLE EXTERNAL LOCATIONS FROM DECEMBER 5, 2016

Schedule subject to change; see website for the most actual schedule

EXTERNAL SPORTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
HOCKEY	20:30 – 22:00						
BOOTCAMP & OBSTACLES		19:00 – 20:00		19:00 – 20:00			09:00 – 10:30
KICKBOXING	20:00 – 21:30		20:00 – 21:30				
BOULDERING	17:00 – 23:00	17:00 – 23:00	14:00 – 23:00	14:00 – 23:00	14:00 – 23:00	10:00 – 18:00	10:00 – 22:00
SALSA BEGINNERS	19:15 – 20:15						
INTERMEDIATE	20:15 – 21:15						
ADVANCED	21:15 – 22:15						
ZOUK BEGINNERS			19:15 – 20:15				
INTERMEDIATE			20:15 – 21:15				
ADVANCED			21:15 – 22:15				
RUGBY MEN		20:00 – 21:30			20:00 – 21:30		
RUGBY LADIES		20:00 – 21:30			20:00 – 21:30		
TRAMPOLINE DODGEBALL					19:00 – 20:00		
TRAMPOLINE JUMPING		16:00 – 17:00		16:00 – 17:00			
		17:00 – 18:00		17:00 – 18:00			
AERIAL SILK	20:00 – 21:00			19:00 – 20:00			12:00 – 13:00
	21:00 – 22:00						13:00 – 14:00
AERIAL HOOP			19:00 – 20:00				
POLE DANCING	19:00 – 20:00	10:00 – 11:00	19:00 – 20:00	20:00 – 21:00	19:00 – 20:00		11:00 – 12:00
		19:00 – 20:00			20:00 – 21:00		
		20:00 – 21:00					