



## ADDITIONAL SPORTS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Acro Yoga						10:00 – 12:00	
Archery	For more information, visit our website						
Aerial Hoop			19:00 – 20:00				
Aerial Silk	20:00 – 22:00			19:00 – 20:00			12:00 – 13:00
Beach Footvolley				19:30 – 21:00			
Beach Tennis							10:00 – 12:00
Beach Volleyball		20:00 – 21:30	19:30 – 21:00	19:30 – 21:00			
Bootcamp/Obstacles		19:00 – 20:00		19:00 – 20:00			09:00 – 10:30
Bouldering	17:00 – 23:00	17:00 – 23:00	14:00 – 23:00	14:00 – 23:00	14:00 – 23:00	10:00 – 18:00	10:00 – 22:00
BRESS Bootcamp			19:00 – 20:30				
Ecstatic Dance	For more information, visit our website						
Fencing					20:00 – 21:00		
Golf	For more information, visit our website						
Gymnastics				21:00 – 22:00			
Hockey			20:30 – 22:00				
Horseback Riding			20:00 – 22:00	20:00 – 22:00	20:00 – 22:00		
Korfball		20:30 – 21:30		20:00 – 21:00			
Kickboxing	20:00 – 21:30		20:00 – 21:30				
Pole Dancing	19:00 – 20:00	10:00 – 11:00 19:00 – 21:00	19:00 – 20:00	20:00 – 21:00	19:00 – 21:00		11:00 – 12:00
Roller Derby	For more information, visit our website						
Rugby Men/Ladies		20:00 – 21:30		20:00 – 21:30			
Running	19:30 – 21:00			19:30 – 21:00			
Salsa Beginner	19:15 – 20:15						
Salsa Intermediate	20:15 – 21:15						
Salsa Expert	21:15 – 22:15						
Score-training	For more information, visit our website						
Self Defence	For more information, visit our website						
Sup	For more information, visit our website						
Swimming	For more information, visit our website						
Tennis	For more information, visit our website						
Trampoline Dodgeball					19:00 – 20:00		
Trampoline Jumping		13:00 – 18:00		13:00 – 18:00			
Zouk Beginner			19:15 – 20:15				
Zouk Intermediate			20:15 – 21:15				
Zouk Expert			21:15 – 22:15				

**For more information about the sports offer of our sports partners, please visit our website. If you have any questions, you can drop by at the BRESS reception, send us an e-mail or give us a phone call**